

David's Care//Date_____

M T W TH F SA SU

Caregiver_____

Caregiver_____

AM

PM

- Wake up/Change Diaper
- Breakfast
Oatmeal, applesauce
Med pack
- Bath/Grooming/Dressing
- Vest, Inhalers, meds
- Morning Snack
- Lunch
Main dish, yogurt
Med pack
- Afternoon Snack

- Afternoon Snack
- Dinner
2 main dishes/dessert
Med pack
- Evening bath
- Vest/Inhalers
- After Dinner Snack
- Bed meds
- Bedtime—Blue diaper
Close curtains, untuck arm, unzip
bedding

Side Work Daily

Side Work Daily

- Load/Start/Unload dishwasher
- Wipe down all kitchen counters
- Start or Complete laundry
Check laundry room/David's basket
- Restock sparkling water
- Tidy family room/laundry
room/David's room
- Take out trash/recycle

- Load/Start/Unload dishwasher
- Wipe down all kitchen counters
- Start or Complete laundry
- Pack lunch for next day
- Restock sparkling water
- Tidy family room/laundry
room/David's room
- Take out trash/recycle

Side Work Weekly

Side Work Weekly

- M Wash Bedding
- T Make Food
- W Wipe down outdoor
table/kitchen/David's playhouse
- TH Wash bedding
- F Make Food
- Sa Restock meds
- Su

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NOTES—Mood/BM/pain reliever/etc

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